| Yellow text on a black background  Description automatically generated with medium confidence |  |
| --- | --- |

Dear [Name of the Personal Trainer],

I can feel the extraordinary change in my fitness and well-being this year simply because of your Herculean efforts. You know how much I hesitated to play on the soccer field when I started working with you. However, thanks to you, I have enjoyed an amazing season this year. Not only have you helped me to improve as a player but you have also supported me to increase my confidence level on and off the field.

It was obvious how much you care about each player and I sincerely hope to remain associated with you for a long time to come.

Sincerely,

[Your Name]