

Sender's Full Name

Sender's address

Date

Address of the Receiver

Dear _____(Name of the Recipient),

I am so pleased you were there for me through my tough times. I cannot just express how helpful your support and guidance were to assist me to quit drug abuse.

I wanted you to be aware that I am leading a healthy lifestyle at present. I am also enjoying life a lot with my friends and family. Thank you again for all that you have done to support me.

Sincerely,

(Sender's Name)