| Yellow text on a black background  Description automatically generated with medium confidence |  |
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Writing a thanks for breaking my heart letter to someone you dated

Dear (Name),

I would like to say you to, that I am thankful that you broke my heart. While it was difficult for me to endure at first, I was able to learn a lot about myself through the process. I know I am stronger as a result of the heartbreak I experienced. Because of you, I was able to grow as a person and learn more about myself. For this reason, I would like to thank you for breaking my heart.

Yours Truly,

(Your Name)